

Subscribers may place a freeze on any one or more of these services. You can apply for this important protection by contacting Qwest at:

For Home	<b>1-877-589-8364</b>
Small Business	<b>1-800-603-6000</b>
Large Business	<b>1-800-549-5629</b>
Federal Service	<b>1-800-879-1023</b>
Government & Education	<b>1-866-221-6073</b>

## Removing Your Telecommunications Freeze

You may also remove a freeze from any of your carrier selections at no charge. To do so, an authorization must be provided to Qwest in the form of:

- A written or electronically signed authorization or;
- An oral authorization that includes appropriate verification.

Once a freeze is effective, to change the provider of a service that is subject to a freeze, you must contact Qwest directly, yourself, in one of the ways described.

If you have any questions or need additional information about the Local Service Freeze Options, please contact us at the toll free number listed at the top of your Qwest telephone bill.