

VERIFICATION OF TRAINING RECEIVED

ID 5926
#HG-64060

This document is used to record completion of training in specific topics important to the operations of household goods carriers operating in the State of Washington. It will become part of the motor carrier file maintained by the Commission.

Lynnwood Assignment # 111 623

Name of HHG Company (as registered) and Permit No. PMC MOVING, LLC HG-64060	Date of Training 1/19/11	Name of Trainer(s) Suzanne Stillwell
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Name of Attendee (please print clearly) JOHN ALEX LUTZ	Phone Number (206) 446.3009	Email address professional.moving.co@gmail.com
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Safety Regulations	Attendee must sign below, then initial each line acknowledging that training was received for each subject.
	X <u>John A. Lutz</u>
Applicability/Definitions/Acronyms	JL
Drug and Alcohol Testing	JL
Pre-Employment Drug Testing	JL
Post Accident Testing	JL
Random Testing	JL
Selection & Notification	JL
Reasonable Suspicion Testing	JL
Subpart B Prohibitions	JL
Drug & Alcohol Policy	JL
Consequences for Engaging in Drug & Alcohol Use	JL
Commercial Driver's License	JL
Vehicles that require a CDL/Endorsements	JL
Qualifications for Drivers	JL
Entry Level Driver Training	JL
Driver Qualification File	JL
Multiple Employer Driver	JL
Driver Operations	JL
Inspection and Use of Equipment	JL
Pre-Trip Inspection	JL
Accident Register	JL

Hours of Service	✓
Maximum Driving Times	✓
34- Hour Restart	✓
Non-CDL Drivers Short-Haul Exception	✓
16-Hour Short Haul Exception	✓
100 Air Mile Radius Driver	✓
Driver's Duty Status Record	✓
Driver's Log Book Requirements	✓
Inspection, Repair & Maintenance Records	✓
Driver Vehicle Inspection Report	✓
Periodic Inspection	✓
Marking of Motor Vehicles	✓
Equipment Leasing	✓
Safety Compliance Review (CR)	✓
Rules and Tariff Training	John A. Lutz
Permits	✓
Insurance	✓
Advertising	✓
Estimates	✓
Loss & Damage Protection (Valuation)	✓
Bill of Lading	✓
Rates (Hourly-Rated Moves)	✓
Rates (Mileage-Rated Moves)	✓
Storage	✓
Complaints and Claims	✓
Annual Reports & Regulatory Fees	✓

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Name of HHG Company (as registered) and Permit No.		Date of Training	Name of Trainer(s)
PMC MOVING, LLC H9 69060		1/19/10	TOM McVAUGH
Name of Attendee (please print clearly)		Phone Number	Email address
JOHN JOSEPH DONOGHUE		425) 773-8383	PROFESSIONAL.MOVING.CO@GMAIL.COM
Safety Regulations		Attendee must sign below, then initial each line acknowledging that training was received for each subject.	
		X <u>John J. Donoghue</u>	
Applicability/Definitions/Acronyms	JD		
Drug and Alcohol Testing	JD		
Pre-Employment Drug Testing	JD		
Post Accident Testing	JD		
Random Testing	JD		
Selection & Notification	JD		
Reasonable Suspicion Testing	JD		
Subpart B Prohibitions	JD		
Drug & Alcohol Policy	JD		
Consequences for Engaging in Drug & Alcohol Use	JD		
Commercial Driver's License Vehicles that require a CDL/Endorsements	JD		
Qualifications for Drivers	JD		
Entry Level Driver Training	JD		
Driver Qualification File	JD		
Multiple Employer Driver	JD		
Driver Operations	JD		
Inspection and Use of Equipment	JD		
Pre-Trip Inspection	JD		
Accident Register	JD		

Hours of Service	JD
Maximum Driving Times	JD
34- Hour Restart	JD
Non-CDL Drivers Short-Haul Exception	JD
16-Hour Short Haul Exception	JD
100 Air Mile Radius Driver	JD
Driver's Duty Status Record	JD
Driver's Log Book Requirements	JD
Inspection, Repair & Maintenance Records	JD
Driver Vehicle Inspection Report	JD
Periodic Inspection	JD
Marking of Motor Vehicles	JD
Equipment Leasing	JD
Safety Compliance Review (CR)	JD
Rules and Tariff Training	
Permits	JD
Insurance	JD
Advertising	JD
Estimates	JD
Loss & Damage Protection (Valuation)	JD
Bill of Lading	JD
Rates (Hourly-Rated Moves)	JD
Rates (Mileage-Rated Moves)	JD
Storage	JD
Complaints and Claims	JD
Annual Reports & Regulatory Fees	JD

PMC MOVING, LLC

EMPLOYEE HOURS LOG

PMC MOVING, LLC 14928 19th Ave W Lynnwood WA 98087 (206) 446-3009



PAY PERIOD #12 JUNE 1-15

DATE	NICK URBACH	JULIAN LAVÉ	TYLER PRALL	CHRIS DEMS	ROGER DEAN	JOHN LARGENT	GREGG SMITH
SUN JUNE 1		3.0			3.0		
MON JUNE 2	7.0	9.0	9.0		7.5	9.0	6.5
TUE JUNE 3	9.25	5.5	5.5		9.25		9.25
WED JUNE 4		3.75	3.75			3.75	
THU JUNE 5		3.0	3.0				
FRI JUNE 6	9.0	9.0	11.75		9.0	9.25	9.0
SAT JUNE 7	4.75				4.75		
SUN JUNE 8							
MON JUNE 9	7.75		4.25		7.75	9.25	4.25
TUE JUNE 10	9.25	9.25	9.25		9.25		4.0
WED JUNE 11	8.5	8.5	2.5		2.5	4.0	
THU JUNE 12		2.75	9.25		2.5		9.25
FRI JUNE 13							
SAT JUNE 14							
SUN JUNE 15							
TOTALS	55.5	50.75	57.75			30.25	

TOTAL PAY AMOUNTS

TOTALS	55.5 hrs @\$17.00	50.75 hrs @\$16.00	57.75 hrs @\$15.00			30.25 hrs @\$16.00	
194.25 hrs	\$943.50	\$812.00	\$866.25			\$483.50	

3.0 hrs OT

3.0 hrs OT
@\$26.00 = \$78.00

WEEKLY BREAKDOWN	NICK URBACH	JULIAN LAVÉ	TYLER PRALL	CHRIS DEMS	ROGER DEAN	JOHN LARGENT	GREGG SMITH
SUN JUNE 1 - SAT JUNE 7	30.0	33.25	32.5	—	33.5	22.0	24.75
SUN JUNE 8 - SAT JUNE 14	25.5	20.5	25.25	—	22.5	8.25	17.5

PMC MOVING, LLC EMPLOYEE HOURS LOG

PMC MOVING, LLC 14928 19th Ave W Lynnwood WA 98087 (206) 446-3009



PAY PERIOD #13 JUNE 16-30

DATE	NICK URBACH	JULIAN LAVÉ	TYLER PRALL	JOHN LARGENT	GREGG SMITH	JASON	JOHN DUNN
MON JUNE 16	7.25	10.25	10.0	9.5	7.25		
TUE JUNE 17	12.5	5.5	12.0		12.25	5.5	
WED JUNE 18	6.25	4.25	4.25	6.25			
THU JUNE 19		7.0	7.0		4.75	4.75	
FRI JUNE 20	6.75	7.75	7.75	6.75	5.25	6.75	
SAT JUNE 21					4.0	4.0	
SUN JUNE 22							
MON JUNE 23		8.25	8.75	6.25	8.75		8.25
TUE JUNE 24	12.25	12.0	12.0	12.0		12.25	12.25
WED JUNE 25	8.25	10.0	10.0	8.75	8.25		
THU JUNE 26	10.5		10.5	6.0	10.5		
FRI JUNE 27	6.0	8.25	9.75	11.5	9.75	6.0	11.5
SAT JUNE 28	13.5	13.25	8.5		9.25		11.75
SUN JUNE 29							
MON JUNE 30	15.0	8.75*	10.5	14.75	10.5		8.75
TOTALS	87.75	74.75	90.5	77.25			

TOTAL PAY AMOUNTS

	11.75 hrs OT @ \$24.00 = \$282.00	↓ 4.0 hrs OT @ \$11.00 = \$44.00				
TOTALS	87.75 hrs @ \$17.00 = \$1,491.75	74.75 hrs @ \$16.00 = \$1,196.00	90.5 hrs @ \$15.00 = \$1,357.50	77.25 hrs @ \$14.00 = \$1,081.50		

46.75 hrs OT @ \$15.00 = \$701.25 20.5 hrs OT @ \$21.75 = \$446.15

WEEKLY BREAKDOWN	NICK URBACH	JULIAN LAVÉ	TYLER PRALL	JOHN LARGENT	GREGG SMITH	JASON	JOHN DUNN
SUN JUNE 15 - SAT JUNE 21	32.75	34.75	41.0	22.5	33.5	21.0	✓
SUN JUNE 22 - SAT JUNE 28	50.5	51.75	59.5	44.0	46.5	18.25	43.75

PMC MOVING, LLC
14928 19th Ave W
NANUWOOD WA 98087



SEATTLE WA 980
12 SEP 2014 PM 7 L



WASHINGTON UTILITIES &
TRANSPORTATION COMMISSION
ATTN: John Foster
P.O. BOX 47250
OLYMPIA WA 98504-7250

985047250



Attn: John Foster

PMC MOVING

UTC # THG-64060

USDOT# 2015694

This is John Alex Lutz following up from last month's UTC Vehicle inspection report performed by Alan Dickson. I've reviewed the analysis and all the information within as well as the recommendations on the second half of the report. Following are responses to the key areas that needed to be updated along with what actions we are taking.

Medical Exams – All three of our drivers (Nicholas Urbach, Julian Lavé, and Tyler Prall) will have medical examinations done in the next 30 days. Their results will be kept in their file and they will be required to get a check up every 24 months or for any new driver we hire on.

Vehicle Maintenance – I have scheduled an appointment with Andy's Auto in Mountlake Terrace, WA (where we always take our fleet vehicles) for Tuesday Oct 7 to do a full inspection on all 3 trucks. The inspection will be headed by Corey who is a fully certified mechanic and has done such inspections. We do however keep our trucks well-maintained and have since created Vehicle Maintenance Log Book for all 3 trucks.

USDOT #'s – all 3 trucks now have both USDOT #'s and UTC #'s visibly displayed.

Driving Exam – On Mon Sept 8 we had all 3 drivers (Nicholas Urbach, Julian Lavé, and Tyler Prall) take a basic driving exam in our 24ft Ford F650 Truck. We had them do the following: approximately a 3 mile drive around area, including a short freeway drive; Park the truck, Parallel Park; Backing around corner, backing up to office door; among others. All drivers performed very well on the test and I put their results along with my notes in their respective files.

Driver's Abstracts – We will be having all our drivers provide us with their abstracts and that will be kept in their files. We will have them provide this once a year.

DVIR Reports – Since 2010 we have done a mileage/time log for our trucks and employees and have kept that on file. We will be sure to have our drivers begin to sign off on the DVIR reports and enforce a stricter policy that if a defect does occur that it is documented right away.



For any questions or general feedback, please call @ (206) 446.3009 or email:

professional.moving.co@gmail.com
